

February Menu



Lunch Menu 2025-2026

Child & Family Centers of Excellence - National Centers for Learning Excellence

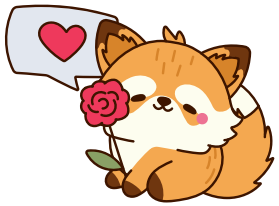








MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Chicken Alfredo with WG pasta casserole Green beans Parmesan cheese Fruit & 1% Milk	3 Hot roast beef in gravy WG dinner roll Steamed carrots Fruit & 1% Milk	4 WG Cheese ravioli in marinara w/mozzarella Winter blend vegetables Fruit & 1% Milk	5 Seasoned baked fish w/tartar Malibu vegetables WG bread stick Fruit & 1% Milk	6 Hot /cold ham and sliced cheese, WW roll Pickles, mayo, mustard cauliflower w/ cheese mayo Assorted Fruit & 1% Milk
9 WG Boneless wing or popcorn chicken sauce, HM Hearty soup WG bread stick or oyster crackers Fruit & 1% Milk	10 White meat turkey in gravy Mashed potatoes Corn Dinner roll WG Fruit & 1% Milk	11 Chicken and enriched long grain and wild rice casserole Peas on side Fruit & 1% Milk	12 Warm ham slices Sweet potato pieces w/ketchup Enriched rye bread Fruit & 1% Milk	13 Special menu day Fruit & 1% Milk
16 BBQ Riblet tater circles w/ketchup WG dinner roll Fruit & 1% Milk	17 Multigrain Tortilla w/ plain chicken strips unbreaded cheese slices, Cucumber and tomato slices, mayo Fruit & 1% Milk	18 WG Spaghetti w/meatballs garden salad w/dressing parmesan cheese Fruit & 1% Milk	19 Chicken breast grilled in gravy corn and lima beans Enriched rice pilaf Fruit & 1% Milk	20 Fish wedge/fillet cheese tartar HM soup cream style oyster crackers or WG bun Fresh cut Fruit salad & 1% Milk
23 Cheeseburger w/ketchup WW Enriched buns pickle slices Baked beans Fruit & 1% Milk	24 Chicken taco shredded lettuce, diced tomato, shredded cheese, salsa Multigrain Tortilla shell Fruit & 1% Milk	25 Sous vide Chicken breast enriched Spanish rice on side Garden salad w/ dressing Fruit & 1% Milk	26 Sliced pork roast in gravy mashed sweet potatoes Enriched rye Fruit & 1% Milk	27 WG Cheese tortellini in marinara –parmesan cheese Dowadittie chicken or nuggets Italian blend vegetables Fresh Fruit salad & 1% Milk
2 Grilled Italian chicken breast WW dinner roll Peas and carrots Fruit & 1% Milk	3 WG Lasagna roll up in marinara parmesan cheese Garden salad w/ dressing Fruit & 1% Milk	4 BBQ Shredded pork WG sliced bun Corn Fruit & 1% Milk	5 Roast beef in gravy Long grain and wild garden rice Beets Fruit & 1% Milk	6 WG Flat bread / focaccia Turkey pepperoni cheese /or BBQ chicken pizza Raw vegetables w/ranch Assorted Fruit & 1% Milk



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Breakfast Menu
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 WG French toast w/spread Cinnamon sugar Fruit & 1% Milk ..... WW English muffin Soy butter or jelly Raisins, B-T-2's Applesauce 1% Milk	3 WG Cereal Fruit & 1% Milk ..... WG Crackers Raw vegetables w/dip-ranch 1% Milk	4 WG Pancakes w/ syrup Turkey links Fruit & Milk 1% ..... WG Crackers Cheese spread Fruit & 1% Milk	5 WG Roll/bagel Warm Canadian bacon Fruit & 1% Milk ..... WG Muffin Fruit & 1% Milk	6 WG Waffles Syrup Fruit & 1% Milk ..... WG Graham crackers Fruit & Water
9 WG Pancakes w/syrup Fruit & 1% Milk ..... WG Crackers, Soy butter Fruit & 1% Milk	10 WG Cereal Fruit & 1% Milk ..... WG Muffin Fruit & 1% Milk	11 Omelet, WW toast w/spread Fruit & 1% Milk ..... Yogurt,WG Crackers or cereal as topping Fruit & Water	12 WG Mini croissant / bun Egg patty Fruit & 1% Milk ..... Cheese spread WG crackers Fruit & 1% Milk	13 WG English muffin w/ jam Fruit 1% Milk ..... WG graham style crackers Fruit & 1% Milk
16 WG Pancakes w/ Syrup Fruit &1% Milk ..... Cheese spread WG crackers Fruit & 1% Milk	17 WG Cereal Fruit 1% Milk ..... Yogurt WG graham crumbs /cereal as topping Fruit & 1% Milk	18 WG Toast/croissant Egg patty Oranges & 1% Milk ..... WG Cereal mix cheerios-crispix-chex-kix Fruit & 1% Milk	19 Warm WG Biscuit Chicken sausage patty Fruit & 1% Milk ..... WG Crackers Raw vegetables/ ranch Fruit & Water	20 WG Breakfast bread Fruit & 1% Milk ..... WG Crackers Fruit & Water
23 WG Waffles w/ syrup Yogurt Fruit &1% Milk ..... String cheese WG Cracker/pretzel Fruit & 1% Milk	24 WG Cereal Fruit & 1% Milk ..... Sun/ Soy butter WG Crackers Fruit & 1% Milk	25 WG Enriched toast Omelets Fruit & 1% Milk ..... WG Crackers Raw vegetables w/dip 1% Milk	26 WG French toast w/ cinnamon sugar Turkey sausage links Fruit & 1% Milk ..... WG assorted muffins Fruit & 1% Milk	27 Enriched raisin bread/ spread Fruit & 1% Milk ..... Whole grain snack mix Fruit & Water
2 Toasted swirl cinnamon bread w/spread Fruit & 1% Milk ..... Multi Grain tortilla Sun butter Fruit & 1% Milk	3 WG Cereal Fruit & 1% Milk ..... Cheese stick or spread pretzels Fruit & 1% Milk	4 WW Toast w/spread Scrambled eggs Fruit & 1% Milk ..... WG Crackers Raw vegetables w/dip 1% Milk	5 WG Sausage wrapped pancakes Fruit & 1% Milk ..... Sliced apple-mandarin orange salad w/cinnamon sugar WG graham crackers 1% Milk	6 WG English muffin Jam Fruit & 1% Milk ..... WG Rice cakes b-t-2 graham crackers Fruit & Water