



# April Menu - 2024



**Lunch Menu  
2023 -2024**

Child & Family Centers of Excellence • National Centers for Learning Excellence

| <b>Monday</b>  | <b>Tuesday</b>   | <b>Wednesday</b>   | <b>Thursday</b>  | <b>Friday</b>   |
|--|--|--|--|---|
| 1<br>Chicken in Alfredo Sauce<br>WG Pasta<br>Parmesan Cheese<br>Green Beans<br>Fruit & 1% Milk                     | 2<br>Hot Roast Beef in Gravy<br>WG Dinner Roll<br>Corn<br>Fruit & 1% Milk  | 3<br>WG Cheese Ravioli in Marinara<br>w/Mozzarella<br>Winter Blend Vegetables<br>Fruit & 1% Milk               | 4<br>Baked or Breaded Cod<br>Tarter Sauce<br>Malibu Vegetables<br>WG Dinner Roll<br>Fruit & 1% Milk          | 5<br>Sliced Hot or Cold Ham<br>Sliced Cheese<br>WW Bread or Roll<br>Mayo or Mustard<br>Cauliflower w/Cheese<br>Assorted Fruit Salad & 1% Milk |
| 8<br>WG Boneless Chicken<br>(Wing/Dowa/Popcorn)<br>Sauce<br>WG Dinner Roll<br>Broccoli w/Cheese<br>Fruit & 1% Milk | 9<br>Enriched WG Spaghetti Pasta<br>Meatballs in Marinara Sauce<br>Parmesan Cheese<br>Romaine Salad w/Dressing<br>Fruit & 1% Milk  | 10<br>Chicken and Enriched Long Grain and<br>Wild Rice Casserole<br>Peas<br>Fruit & 1% Milk                    | 11<br>Pork Roast in Gravy<br>Baked Sweet Potatoes<br>Enriched WG Bread<br>Fruit & 1% Milk                    | 12<br>SPECIAL MENU DAY<br>FRUIT & 1% Milk   |
| 15<br>Riblet w/BBQ Sauce<br>Baked Beans<br>WG Dinner Roll<br>Fruit & 1% Milk                                       | 16<br>MG Tortills w/Chicken Strips,<br>Cheese Slices, Cucumber<br>and Tomato Slices<br>Mayo<br>Fruit & 1% Milk                     | 17<br>Meatball Marinara Sub on<br>WG Mini Bun<br>Mozzarella Cheese<br>California Vegetables<br>Fruit & 1% Milk | 18<br>Chicken Breast<br>Corn w/Lima Beans<br>WG Dinner Roll<br>Fruit & 1% Milk                               | 19<br>Fish Sandwiches with Cheese on<br>WG Bun<br>Tartar Sauce<br>Steamed Carrots<br>Fresh Cut Fruit Salad<br>1% Milk                         |
| 22<br>Cheeseburger w/ketchup<br>WW Enriched Buns<br>Pickle Slices<br>Broccoli<br>Fruit & 1% Milk                   | 23<br>Chicken Taco Shredded<br>Lettuce, Diced Tomato,<br>Shredded Cheese,<br>Salsa<br>Multigrain Tortilla Shell<br>Fruit & 1% Milk | 24<br>Warm Ham Slices<br>Sweet Potato Pieces w/Ketchup<br>Enriched WG Bread<br>Fruit & 1% Milk                 | 25<br>Seasoned Chicken Breast<br>Enriched Spanish Rice on Side<br>Garden Salad w/Dressing<br>Fruit & 1% Milk | 26<br>Italian Sausage WG Pasta<br>Marinara Casserole<br>Italian Blend Vegetables<br>Fresh Fruit Salad & 1% Milk                               |
| 29<br>Grilled Garlic Herb Chicken Breast<br>WW Dinner Roll<br>Peas & Carrots<br>Fruit & 1% Milk                    | 30<br>Turkey in Gravy<br>Mashed Potatoes<br>WG Roll<br>Corn<br>Fruit & 1% Milk   | 1<br>WG Lasagna Roll Up in Marinara<br>Parmesan Cheese<br>Garden Salad w/Dressing<br>Fruit & 1% Milk           | 2<br>Roast Beef in Gravy<br>Enriched Brown Rice or Rice Pilaf<br>Beets<br>Fruit & 1% Milk                    | 3<br>WG Flat Bread or Facaccia<br>Turkey Pepperoni, Cheese or BBQ<br>Chicken Pizza<br>Raw Vegetables w/Ranch Dressing<br>Cut Fruit & 1% Milk  |



# April Menu - 2024



## Breakfast and Snack Menu 2023 -2024

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| Monday  | Tuesday  | Wednesday   | Thursday   | Friday   |
|---|--|---|--|--|
| 1<br>WG French Toast w/Spread<br>Cinnamon Sugar<br>Fruit & 1% Milk<br>.....<br>WW English Muffin<br>Soy Butter or Jelly<br>B-T-2's Applesauce & 1% Milk | 2<br>WG Pancakes w/Syrup<br>Turkey Links<br>Fruit & 1% Milk<br>.....<br>WG Crackers<br>Raw Vegetables w/Ranch<br>1% Milk | 3<br>WG Cereal<br>Fruit & 1% Milk<br>.....<br>WG Cracker<br>Cheese Spread<br>Fruit & 1% Milk        | 4<br>WG Roll/Bagel Warm<br>Canadian Bacon Fruit<br>& 1% Milk<br>.....<br>WG Assorted Muffin<br>Fruit & 1% Milk   | 5<br>WG Waffles w/Syrup<br>Fruit & 1% Milk<br>.....<br>WG Graham Crackers<br>Fruit & Water                       |
| 8<br>WG Pancakes w/Syrup<br>Fruit & 1% Milk<br>.....<br>WG Crackers - Soy Butter<br>Fruit & 1% Milk   | 9<br>Omelet<br>WW Toast w/Spread<br>Fruit & 1% Milk<br>.....<br>WG Muffin<br>Fruit & 1% Milk                             | 10<br>WG Cereal<br>Fruit & 1% Milk<br>.....<br>WG Graham Style Crackers<br>Fruit & 1% Milk          | 11<br>WG Mini Croissant/Bun<br>Egg Patty<br>Fruit & 1% Milk<br>.....<br>WG Cracker w/Cheese Spread<br>Fruit & 1% Milk                                  | 12<br>WG English Muffin w/Jam<br>Fruit & 1% Milk<br>.....<br>Fruit<br>Yogurt & Water                             |
| 15<br>WG Pancakes w/ Syrup<br>Fruit & 1% Milk<br>.....<br>Fruit<br>Cheese Spread<br>WG Crackers & 1% Milk   | 16<br>WG Toast<br>Egg Patty<br>Fruit & 1% Milk<br>.....<br>Yogurt w/Fruit<br>WG Graham Crackers (Topping)<br>1% Milk     | 17<br>WG Cereal w/ Fruit<br>1% Milk<br>.....<br>WG Crackers<br>Raw vegetables w/ Ranch<br>1% Milk   | 18<br>Whole wheat roll<br>Chicken sausage partty<br>Fruit & 1% Milk<br>.....<br>WG Cereal Mix<br>Cheerios-crispix-chex-kix<br>Fruit & 1% Milk          | 19<br>WG Breakfast bread<br>Fruit & 1% Milk<br>.....<br>WG Crackers<br>Fruit and 1% Milk                         |
| 22<br>WG Waffles w/Syrup<br>Fruit & 1% Milk<br>.....<br>Fruit - String Cheese<br>1% Milk  | 23<br>WG Enriched Toast<br>1% Milk<br><br>Sun/Soy Butter<br>WG Crackers<br>Fruit & 1% Milk                               | 24<br>WG Cereal w/ Fruit<br>1% Milk<br>.....<br>Raw Vegetables w/Dip<br>WG Crackers & 1% Milk       | 25<br>WG French Toast w/Cinnamon Sugar<br>Turkey Sausage Links<br>Fruit & 1% Milk<br>.....<br>WG Assorted Muffins<br>Fruit & 1% Milk                   | 26<br>Enriched Raisin Bread Spread<br>Fruit & 1% Milk<br>.....<br>Whole Grain Snack Mix<br>Fruit & Water         |
| 29<br>Toasted Cinnamon Bread<br>w/Spread<br>Fruit & 1% Milk<br>.....<br>Multi Grain Tortilla<br>Sun Butter<br>Fruit & 1% Milk                           | 30<br>WW Toast & Scrambled Eggs<br>Fruit & 1% Milk<br>.....<br>Raw Vegetables w/Dip<br>WW Crackers & 1% Milk             | 1<br>WG Cereal<br>Fruit & 1% Milk<br>.....<br>Cheese Stick or spread<br>Pretzels<br>Fruit & 1% Milk | 2<br>WG Sausage Wrapped Pancakes<br>Fruit & 1% Milk<br>.....<br>Sliced Apple-Mandarin Orange<br>Salad w/Cinnamon Sugar<br>WG Graham Crackers & 1% Milk | 3<br>WG English Muffin w/Jam<br>Fruit & 1% Milk<br>.....<br>Rice Cakes<br>B-T-2 graham Crackers<br>Fruit & Water |