



June Menu

Child and Family Centers of Excellence

Lunch 2021/2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Alfredo <i>May 30</i> w/Chopped Broccoli WG Rotini Pasta Parmesan Cheese Fruit Milk 1%	Hot Roast Beef in Gravy <i>May 31</i> WG Dinner Roll Peas and Carrots Fruit Milk 1%	WG Cheese Ravioli 1 in Marinara w/Mozzarella Winter Blend Vegetables Fruit Milk 1%	Baked Cod w/Seasoning 2 WG Dinner Roll Malibu Vegetables Fruit Milk 1%	Sliced Ham and Cheese 3 WW Bread Cauliflower w/Cheese Mayo/Mustard Fruit Salad Milk 1%
WG Boneless Chicken w/Sauce 6 Corn WG Dinner Roll Fruit Milk 1%	Spaghetti w/Meatballs 7 Parmesan Cheese Romaine Salad w/Dressing Fruit Milk 1%	Chicken and Enriched 8 Long Grain and Wild Rice Casserole Peas Fruit Milk 1%	Pork Roast 9 Baked Sweet Potatoes Enriched WG Bread Fruit Milk 1%	Enriched WG Macaroni 10 And Cheese Chicken Nuggets or Drumsticks Green Beans Fruit Milk 1%
13	14	15	16	17
				24
27				<i>July 1</i>



June Menu

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Breakfast/Snacks 2021/2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WG French Toast w/Syrup <i>May 30</i> Fruit & Milk 1%	WG Bagel w/Cream Cheese <i>May 31</i> Fruit Milk 1%	WG mini Turkey Sausage Pancakes Fruit & Milk 1%	WG Cereal Fruit Milk 1%	WG Roll Canadian Bacon Fruit & Milk 1%
WG English Muffin Soy Butter or Jelly Raisins B-T-2s Applesauce & Water	WG Crackers Raw Vegetables w/Ranch Water	WG Crackers Cheese Spread Fruit & Water	WG Graham Style Crackers Fruit Water	WG Graham Crackers Fruit Milk 1%
WG Pancakes w/Syrup Fruit & Milk 1%	WG Cereal Fruit Milk 1%	WG Mini Croissant Egg Patty Fruit & Milk 1%	Omelet WW Toast w/Spread Fruit & Milk 1%	WG Waffles w/Syrup Fruit Milk 1%
WG Crackers Soy Butter Fruit Water	WG Muffin Fruit Milk 1%	WG Crackers w/Cheese Spread Fruit Water	WG Graham Crackers Fruit Water	Fruit Yogurt Water
13	14	15	16	17
21				24
				<i>July 1</i>

Late snack will be 2 components consisting of either fruit, whole grain, cheese, protein, etc. Choices will vary depending upon availability.